

THE RCPUC WEEKLY CHRONICLE
RAMAIAH PRE-UNIVERSITY COLLEGE

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**International Yoga-Day Celebration at
Ramaiah University of Applied Sciences**



**WHAT'S NEW AT
RCPUC**

**International Yoga Day
Celebration at Ramaiah
University of Applied
Sciences** **Page 1**

**Parents-Teacher Meeting
at RCPUC** **Page 2**

**3D Model making
Competition** **Page 3**

Sports Achievement **Page 4**

**International Yoga-Day Celebration
India..! the land where Yoga born**

Yoga originated in Rishikesh which is located in Northern India. Because of PM Shri Narendra Modi's relentless efforts, June 21st was declared as International Yoga Day by United Nations General Assembly. In its resolution UNGA endorsed that "Yoga provides holistic approach to health and well-being apart from striking a balance all aspects of life".

The theme of this year makes it more special which is – "Vasudhaiva Kutumbakam" means earth is home. Yoga not only promotes physical relaxation but also eases the mental and emotional tension.



Ramaiah University of Applied Sciences celebrated 9th International Yoga day in grand manner on Wednesday 21st June at Dwarka hall.

The chief guest of the occasion was Dr. Subrahmanyam, Advisor to chancellor, S-VYASA Yoga university. Guest of honor was Mr. Mohamed Farouk, Director, Ministry of Tourism, Bengaluru office and Kuldeep Kumar Raina, Vice Chancellor, Ramaiah University of Applied Sciences.

Ramaiah Composite Pre-University College principal Flt Lt Sunita Dixit (Retd) and staffs along with 70 students attended the grand celebration of International Yoga Day and contributed for the success of event. All participants are provided with healthy and lite breakfast, a T-shirt and a yoga mat. All students enjoyed the occasion.



FIRST PARENT-TEACHER MEETING OF THE ACADEMIC YEAR 2023-24 AT RCPUC



The first Parent-Teacher meeting of the year 2023-24 was conducted on 24th June 2023. It was remarkable event that fostered strong communication and collaboration between parents and teachers.

The college premises was buzz with enthusiasm as parents eagerly discussed their child's progress and received valuable insights from the teachers. The meeting provided an opportunity for parents to gain a comprehensive understanding of their child's academic and social development. Lecturers graciously shared constructive feedback and strategies for further improvement. While parents expressed their appreciation for the dedication and efforts of all the staffs and Principal Flt Lt Sunita Dixit (Retd) of RCPUC. It was a fruitful and empowering gathering, highlighting the shared commitment towards nurturing each child's potential.

3-D MODEL MAKING COMPETITION AND SCIENCE EXHIBITION AT RCPUC

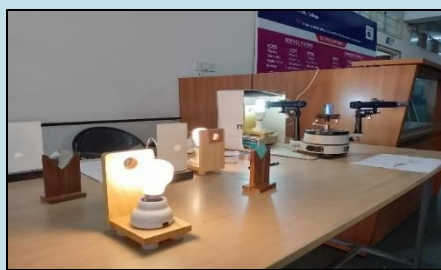


3-D models being displayed by the students

College conducted 3-D model making competition by using biodegradable wastes on Saturday, 24th June. Many students actively participated in the competition. Models of Excretory system, Corona virus, Hydraulic pump etc. were prepared by students. Also Science exhibition was conducted on the same day, where students performed some Science experiments from Department of Chemistry and Department of Physics. Since PTM was on the same day all students with their parents took part in the event. Participants interacted with parents, Principal Flt Lt Sunita Dixit (Retd) and Lecturers. Participants of the event were encouraged by giving prizes.



Principal in discussion with the students at the exhibition



Students Performing Science Experiments

SPORTS ACHEIVEMENT



Nihar S Jain , student pursuing Second year PUC (Science stream) in Ramaiah Composite Pre-University College, participated in State level Gymnastic on 19th November, 2022 and secured 3rd place in floor exercise in Under-19 category. He was selected among top 7 participants who were going to represent Karnataka in National Level competition. While learning new skills for National level competition due to improper landing he got leg injury. Even though he managed to attend the National level competition which held at Delhi in the duration of 5th – 14th June, 2023. In spite of injury he attended the competition and performed some basic moves and secured his participation certificate in National level competition. Our Principal FIt Lt Sunita Dixit (Retd) honored him and motivated to go to higher position in future.